

# The Body At Tenth Week Of



# Pregnancy

## Pregnancy glow



Increased hormone levels cause oil secretion on the face, making skin look healthy and plump.

## Round ligament pain



Stretching of the ligament to support the growing uterus can cause pain.

## Backache



Growing uterus shifts the center of gravity, and puts strain on the back.

## Weight gain

Around five pounds gained by the tenth week of pregnancy



## Fatigue



Normal to feel fatigued during pregnancy due to the body working overtime.

## Increased vaginal discharge



Clear, odorless discharge due to high estrogen levels and an increased blood flow to the vagina.

## Pain in abdomen

Cramps and pain in the lower abdominal region due to growing uterus.



Growing uterus puts pressure on the bladder, and kidneys filter more blood.

## Frequent urination

