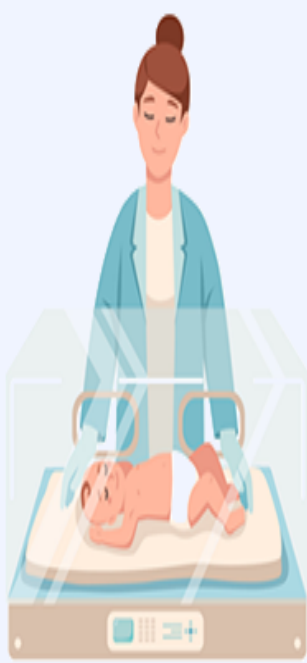


A NEWBORN'S HYPOTHERMIA PREVENTION GUIDE

At the hospital after birth



- Make sure the hospital follows the warm chain system

- Ensure the cleanliness and optimal room temperature of the delivery room



- Initiate skin-to-skin contact and breastfeeding as soon as possible

- Never leave them bare on a table or bed while unattended

At home



- Always dress the baby appropriately

- Swaddle the baby

- Occasionally use the kangaroo mother care method



- Use lukewarm water when giving a tub bath, keep it short, and wrap the newborn in a clean, dry towel immediately