



EXAMPLES OF IMPORTANT *Cognitive Skills For Children*



1. Sustained attention

It helps them focus on one goal and not fluctuate from one task to another.



2. Selective attention

It helps children focus on the task at hand despite the numerous distractions around them.



3. Divided attention

It enables children to develop multitasking skills and efficiently perform two or more tasks.



4. Long-term memory

It is vital for children as it helps them recall lessons and excel in examinations.



5. Working memory

It is also called short-term memory, and it helps them to follow a series of instructions without needing to go back to the same information repeatedly.



6. Logic and reasoning

It helps solve problems and generate innovative ideas. It helps them keep calm and find ways and means under challenging situations.



7. Auditory processing

It can help children actively listen to what they hear and then analyze, segregate, blend, and filter the information.



8. Visual processing

It helps the visual inflow of information. It can help children decipher maps, graphs, and tables.

Reference:

9 Cognitive Skills To Develop; International School of Arizona