

What To Add In A Time Capsule?

For Babies



A copy of their birth announcement



First rattle, spoon



A handprint and footprint

For Children



A class group picture



Growth chart



Letter to your future self or stranger

For Families



A family tree



Lots of family pictures



Favorite family game or puzzle

For Couples



Happy couple pictures



Wedding invites, videos, and gift tags



Love letters to each other