



Consult a doctor before using the cream if you are undergoing any medical treatment.

Adhere to the usage guidelines provided by the manufacturer to maximize safety.





Test the fat-burning cream on a small skin patch before using it for the first time.

Apply the cream over a cleansed body or post-bathing.





Massage the cream gently in circular motions for ten minutes or until the skin feels warm.

Wash hands after applying the cream to prevent ingesting it.





Avoid using the cream over injured or sensitive skin areas.

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