

HOME CARE MANAGEMENT For Toddlers With Stomach Flu



Give small sips of liquids to them throughout the day.



Offer the recommended amount of ORS as per their body weight.



If feeding milk, give formula or breast milk. Avoid giving animal milk.



Make sure that the toddler gets plenty of rest and sleep.



Do not let them participate in high-intensity games and activities.



Feed them small amounts of easily digestible food, such as bananas, oats, rice, and yogurt, over short intervals.