

How to Strengthen Your Marriage?

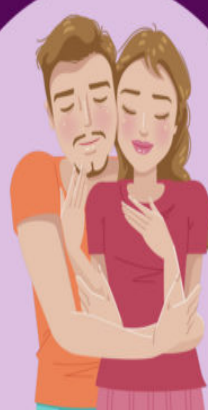


1 *Complaint less, appreciate more*

Take out sometime every day to talk about trivial things.

2 *Talk about small things*

Appreciate your partner's good work, and stop complaining over silly things.



3 *Give attention*

Give your partner the attention they deserve and always lend a listening ear.

4 *Be adventurous*

Make spontaneous plans and take adventure trips to break the monotony.



5 *Create Daily Rituals*

Watch TV together in the evening or kiss your partner while leaving for work.



Mom Junction

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