

# Helpful Tips To Make Your Baby Hold The Bottle



Be observant of your baby's readiness and milestone developments.



Train your baby such that they know the bottle is a feeding source.



Hold your baby close to you when feeding with a bottle.



Ensure there are no distractions during feeding sessions.



Support your baby when they are trying to learn to hold a bottle.



Do not force if your baby does not want to practice holding the bottle on some days.