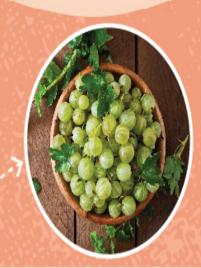# How To Manage Your Child's Hair Loss At Home

Provide your child with a healthy diet with foods rich in vitamins A, C, and E, zinc, and iron.

Apply Indian gooseberry (amla) juice mixed with coconut, neem, or almond oil onto the scalp to stimulate hair growth and prevent hair loss.

Use coconut oil regularly to prevent hair breakage and promote hair growth.

Rub onion juice on your child's scalp and wash after 15 minutes to promote hair growth.

Use olive oil, jojoba oil, mustard oil, or neem oil to nourish your child's hair.

Daily apply a combination of cactus extract oil, coconut oil, canola oil, and olive oil to promote hair growth.

Mom Junction