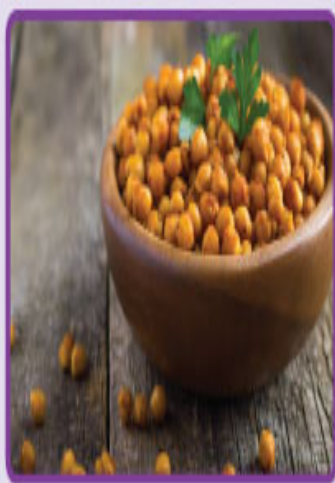




# Tasty Protein-Rich Snacks For Your Child



## Roasted Chickpeas

Just bake some soaked chickpeas and season with lime and salt.

## Broccoli Cheese Bites

A delicious and cheesy way to make your child eat healthy broccoli.



## Peanut Butter Banana Yogurt Parfait

Make a quick dessert with simple and healthy ingredients like peanut butter, banana slices and yogurt.

## Protein Bar

Add up all the protein-rich treats of your home to make delicious and healthy protein bars at home to munch on.



## Oats And Chocolate Chip Bites

Bake a batch of healthy protein bites with oats and top it with your child's favorite chocolate chips.