

Activities For Enhancing Cognitive Development In Children



Infants

Simple hide-and-seek games, such as a game of peekaboo and a jack-in-the-box toy, are best at this stage for your infants.



Toddlers

Make toddlers engage in pretend play games. These include tea parties, pretending to be mail carriers, baking in the kitchen, and the like.



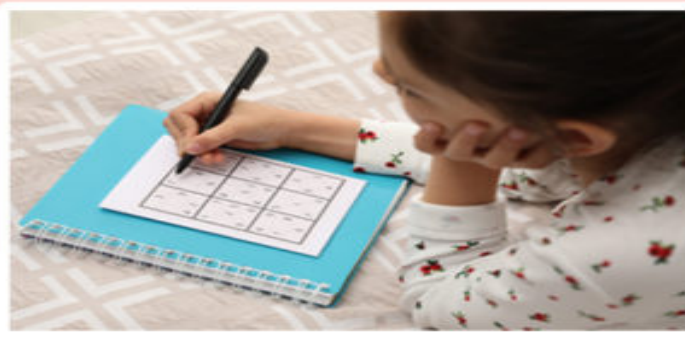
Preschoolers

Simple Jigsaw puzzles are great at engaging preschoolers while potentially helping their cognitive development as well.



Middle childhood

Matching games, such as Picture Bingo, are fun activities. You can also give magazines and ask children to circle all instances of a word.



Late childhood

Symbol-based puzzles such as Sudoku, character puzzles, and number puzzles may benefit a child's interpretation skills.



Adolescents

Games such as checkers and chess, crossword puzzles, and reading activities may promote the development of crucial skills in teenagers.