

How Peppermint Water



Helps Your Baby



Reduces gas



Relieves heartburn



Reduces stomach ache



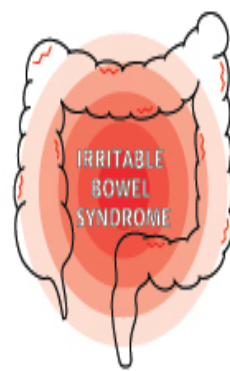
Provides relief from colic



Relieves bloating



Helps with Irritable Bowel Syndrome



References:

1. Effectiveness of Mentha piperita in the Treatment of Infantile Colic: A Crossover Study; NCBI
2. Peppermint Oil; National Center for Complementary and Integrative Health
3. Peppermint and Irritable Bowel Syndrome Pain Relief; Gastrointestinal Society
4. The evidence for herbal and botanical remedies, Part 1; NCBI