

Handling The Deal Breakers



Does the partner have a deal breaker?



Understand if it is an actual deal breaker or a want



Discuss the issue with your partner



Be forthright about your preferences



Help them identify the cause of the deal breaker



Assist them if they are trying to improve



Give them some space to improve



Indulge in hobbies or activities to avoid overdependence on your partner

How to work on your own deal breakers?



If you do possess a deal breaking quality, accept it



Try to identify the root cause



Get clarity about your partner's expectations



Start with minor changes



Understand that change takes time



Seek your partner's or a professional's help