

— Hair Care Tips For — Wavy And Curly Hair



Wash your hair only when necessary to reduce frizz and dryness.



Use a hydrating shampoo to maintain frizz-free hair.

Moisturize your hair post-shampooing with thick rinse-off and leave-in conditioners.



Use wide-toothed combs and brushes to detangle the hair.

Protect your hair from sun-induced dryness by wearing a hat.



Create a loose ponytail to minimize pillow friction while sleeping.

Reference:

1.6 Curly Hair Care Tips From Dermatologists; AAD

Mom Junction

Source: https://www.momjunction.com/articles/best-hair-products-for-wavy-hair_00609855/