

## Your Baby 2 At 2 Months

**Feeding Milestones & Tips** 

## **Feeding Milestones**



- 🔻 Your baby can suck and swallow with ease.
- They can regulate their tongue back and forth for sucking.
- The baby can use their lips to latch onto the breasts or bottle for feeding.
- They may need to be fed at least eight to 12 times a day.

## Tips For Parents



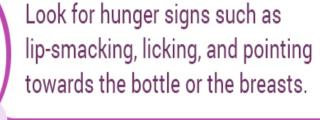




Do not be tempted to give them solid food since all necessary nutrients are present in breast milk.









Do not force-feed and stop if they close their mouth or turn their head away.



Maintain a feeding routine to help them understand the timings.

## References

- Your baby's developmental milestones at 2 months; UNICEF
- Important milestones: Your baby by 2 months; CDC 2.



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