

FACTS YOU SHOULD KNOW IF YOUR TRYING TO CONCEIVE IN YOUR 40s

Around 1 in 20 women usually, successfully conceive each month in their 40s.



Many women in their early 40s may start experiencing the symptoms of perimenopause, but conception is still possible.



1 in 5 pregnancies in women above 45 is at risk of miscarriage.



The NHS offers women aged 40 to 42 one free cycle of IVF if they meet specific criteria.



Early and routine prenatal care is vital to facilitate a healthy pregnancy after 40.



References

1. How age affects fertility; Tommy's
2. Can You Get Pregnant During Perimenopause?; UNC Healthcare
3. Age and Fertility; ASRM