



Healthy And Quick Recipes For Fever During Pregnancy

Chicken Noodle Soup

- Slow cook the chicken breast with some garlic, pepper, and salt.
- Pan-fry some scallions, carrots, garlic, and ginger with salt to taste.
- Add the chicken broth to the same pan and water, followed by the noodles.
- Cook for a few more minutes and enjoy.



Roasted Vegetable Salad With Lemon Dressing



- Mix sliced sweet potatoes, cauliflowers, broccoli, and chickpeas with a bit of olive oil, salt, pepper, and paprika.
- Roast them in a preheated oven at 375°F for 20 minutes while tossing in intervals.
- Make a dressing of olive oil, lemon juice, zest, dill, and salt.
- Mix the roasted veggies with the dressing and enjoy.

Pineapple With A Kick

- Squeeze some lemon juice and keep it ready on the side.
- Mince a few garlic roots so that it blends easily.
- Toss the minced garlic, lemon juice, sliced pineapples, salt, paprika, and honey in a blender.
- Blend and drink up right after.

