



# HOW MUSIC AND SINGING HELP YOUR CHILD



01

Helps develop language and vocabulary



02

Enhances sensory and motor skills through rhymes and songs involving actions



03

Listening to music may promote brain development



04

Practicing singing helps develop memory skills



05

Singing methods can be used to teach new concepts and impart knowledge



06

Singing facilitates deep breathing and oxygen flow to the brain



07

Listening to music and singing help improve mood and lower stress



08

Singing enhances self-confidence and communication skills

## References:

1. Born to Speak and Sing: Musical Predictors of Language Development in Pre-schoolers; National Library of Medicine
2. Early Influence of Musical Abilities and Working Memory on Speech Imitation Abilities: Study with Pre-School Children; National Library of Medicine
3. Baby music: The soundtrack to your child's development; UNICEF
4. Musical benefits; Australian Government
5. The Benefits of Singing for Children; Research Gate