



Correct administration of **ors in babies** and toddlers


Amount of ORS required per hour

- Babies below 6 months: **30 to 90 ml**
- From 6 months to 2 years: **90 to 125 ml**


Maintenance therapy



Continue giving ORS until vomiting or diarrhea reduces.



Feed bland food consisting of carbohydrates, lean meats, vegetables, and fruits once the vomiting stops and the baby feels better.



Feed small meals multiple times a day. Feed as much as the baby eats and do not force feed.

Note: Seek medical help for vomiting and diarrhea soon if the baby is younger than 12 months while giving ORS as a precautionary measure.

Reference

1. Dehydration and diarrhea in children: Prevention and treatment; Caring For Kids