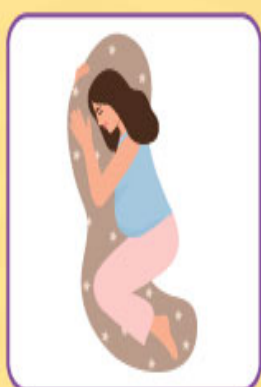
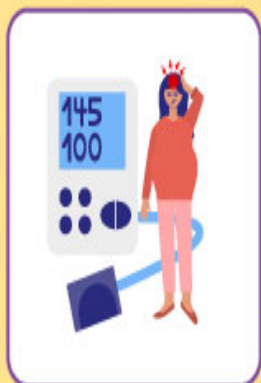


Potential Benefits Of Passion Fruit For Pregnant Women



Improves sleep and cures insomnia

Supports healthy digestion



Controls blood pressure

Prevents neural tube defects



Promotes healthy fetal growth and development

Strengthens immune system



References:

1. Passiflora edulis: An Insight Into Current Researches on Phytochemistry and Pharmacology; Frontiers
2. Promising Tropical Fruits High in Folates; NCBI

