

Teenage Games **And Activities** For Team Building



Silent line-up

Keep lining up in different arrangements without talking to each other.



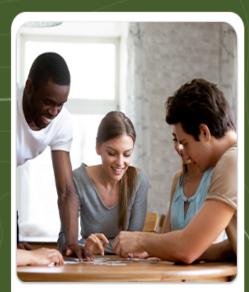
Paintballing

Eliminate the members of the other team by hitting them with color-filled balloons.



Human pyramids

Build a human pyramid within the given time.



Jigsaw puzzle

Take each other's help to solve the puzzle as quickly as possible.



Blind Pictionary

Help your friends draw or complete an image while they're blindfolded.



Tug of war

Two teams should tug on the rope tightly at opposite ends and try to pull the other team to their side.



exercises-for-teens_00375666/