

REASONS WHY YOUR TODDLER MAY GET RECURRENT EAR INFECTIONS



01

Poor immunity



02

Poor hygiene



03

Poor diet



04

Repeated fluid buildup in the middle ear (chronic otitis media)



05

Staying in a polluted environment



06

Sleeping with a bottle



07

Staying around with people who smoke



08

Allergies



REFERENCES

1. Ear Infections in Children; National Institutes of Health
2. Poor Oral Hygiene and Middle Ear Infections: Any Relationship?; Indian Journal of Otolaryngology and Head & Neck Surgery
3. The impact of PM2.5 on acute otitis media in children (aged 0-3): A time series study; Environment International
4. Chronic Suppurative Otitis; StatPearls

