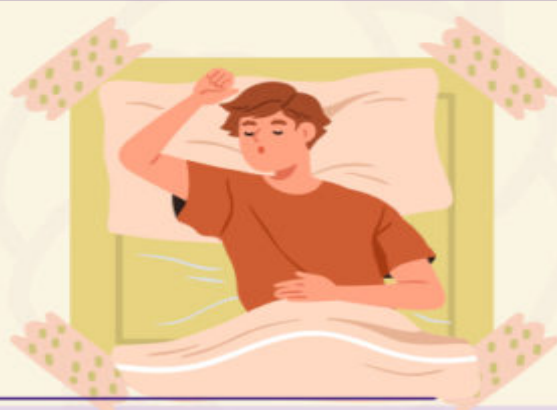


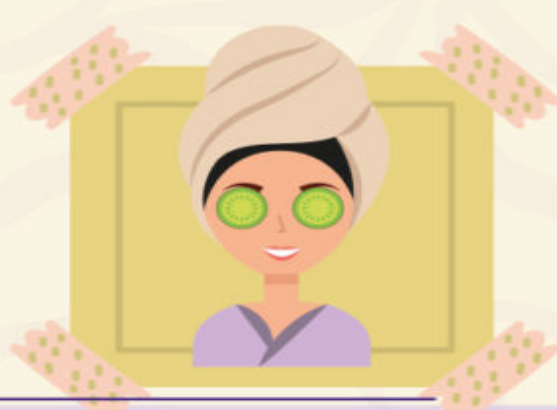
Home Remedies For Under-Eye Dark Circles In Teens



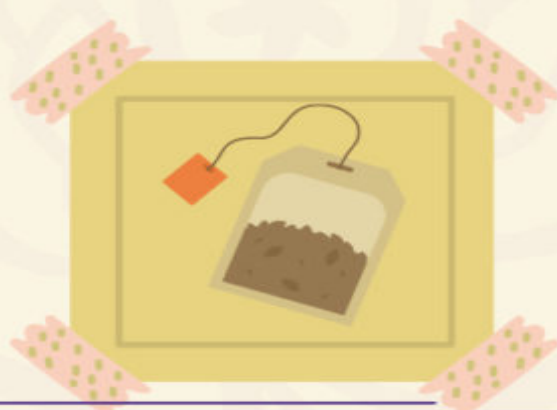
Try to get a minimum of seven hours of sleep each night



Apply almond oil under the eye since its vitamin E content may help



Keep cucumber slices over the eyes since it hydrates the skin



Place used cold tea bags under the eyes since caffeine and antioxidants improve blood circulation



Try massaging the skin around the eyes to improve blood circulation



Avoid application of makeup or creams under the eye to prevent dark circles due to allergies