

# Safety Measures For Cutting Hair During Pregnancy



Check the following things when visiting a salon for a haircut during pregnancy.

All haircare products are clearly labeled and chemical-free.



The stylist attending you is experienced in working with pregnant ladies.

Laundered items, including towels, are cleaned and stored properly.



The tools and implements are cleaned and disinfected before use.

The stylist avoids applying hair dyes, sprays, or treatments.



The salon is clean and not unsanitary.

## Reference

1. Salon Infection Control Guidelines; Connecticut State